

HELP! HOW DO I...

This series of online courses explores ways to provide safe and inclusive environments for all children. Topics include exciting and accessible spaces, children with Down syndrome, visual impairment, and self-regulation concerns.



1 CREATE EXCITING, ACCESSIBLE SPACES FOR ALL CHILDREN?

This 1-hour course is an introduction to creating accessible spaces for children with special needs in early care settings. The course includes interactive, low budget ideas for successfully integrating children with special needs in all areas and activities. This course explores various ways to improve room arrangement for inclusive activities.

\$10

2 WORK WITH CHILDREN WITH A VISUAL IMPAIRMENT?

This 2-hour course will introduce you to the general characteristics of children with a visual impairment, and describe how you can include children with a visual impairment in your early care and education setting.

\$10

3 PROVIDE THE BEST ENVIRONMENT TO CHILDREN WITH DOWN SYNDROME?

This 3-hour course will introduce you to the general characteristics of children with Down syndrome, outline what inclusion means, and then describe how you can include children with Down syndrome in your early care and education setting.

\$10

4 TEACH MY CHILDREN SELF-REGULATION?

This 1-hour course is an introduction to understanding self-regulation in young children. If you have children in your care who are aggressive, have sleep difficulty, under-developed play skills or difficulty managing their energy level, you likely have a child who cannot self-regulate. Young children who have developed self-regulation find it easier to take turns, make friends, adapt to routines, follow rules, and problem solve. In this course, you will understand what self-regulation is, what areas of difficulty are most frequently seen in children with self-regulation concerns, and the strategies you can implement to help children control their mood, calm themselves, and handle change.

\$10

5 SUPPORT THE EMOTIONAL HEALTH OF YOUNG CHILDREN?

This 3-hour course will introduce how emotional health is defined, why it is important, key relationships that influence young children's emotional development, and the components of emotional health, including temperament styles. The session will be interactive and thought-provoking, with participants actively completing activities to explore their own temperament style, and making a toolbox of activity cards that can guide children's emotional development.

\$10